



**NEW
HEIGHTS
SCHOOL**

Glimpses

■ December 2024



Website: www.newheightsschool.co.in

LEARN MORE

Facebook: <https://www.facebook.com/newheightsschoolhardoi>



Happy New Year



NEW
HEIGHTS
SCHOOL

New Year Greetings to the NHS Family

Dear NHS family, bright and true,
A Happy New Year to each of you!
May this year bring joy, success, and cheer,
A fresh new start, a bright new year.

Together we'll grow, learn, and shine,
Hand in hand, our dreams align.
With hearts so warm and spirits high,
We'll aim for stars up in the sky.

Let kindness lead and courage guide,
With dedication by our side.
Here's to moments great and small,
A prosperous New Year to one and all!

— With warm wishes, Principal



Dear NHS FAMILY

ADMISSIONS OPEN FOR 2025-26



At **New Heights School** , it's time to fix,
A **brighter future** for 2025-26!
With a motto so bold, a **QUEST to CONQUER**,
Join our family, let dreams grow stronger!
From **little learners to growing minds** ,A world of
knowledge is what you'll find.
Together we rise, together we stand,
Expanding the NHS family hand in hand.
Parents, teachers, students —hear the call,
The doors are open, **welcome all !**
Come be a part, take the climb,
At **New Heights School** , it's your **time to shine !**

Principal

FIND THE NUMBER

03RD DECEMBER, 2024



"Find the Number" was a wonderful activity to teach the order of numbers as well as number recognition in the pre-primary wing. Students picked a slip with a number from the bowl and had to find the correct place to sit, where the same number was assigned to a particular chair. This activity helped students understand number sequencing in an interactive and fun way.

PICK THE NUMBER ACTIVITY

03RD DECEMBER, 2024



A "Pick the Number" activity was conducted in the pre-primary section, where students picked a random slip with a number spelling written on it and then wrote the corresponding number on the board. This activity was not only challenging but also a great combination of building confidence, managing work pressure, and applying their memorized skills.

COMPLETE THE VARNMALA

06TH DECEMBER, 2024



The pre-primary wing showcased an effective approach to help students understand language concepts more practically. As part of this, a Hindi activity titled 'Complete the वर्णमाला' was conducted. In this activity, students had to pick random letters and arrange them in the correct groups of the वर्णमाला (alphabet) order, enhancing their learning in a fun and interactive way and helping them understand the positions of वर्ण in the वर्णमाला.

A HINDI SWAR/VYANJAN ACTIVITY

06TH DECEMBER, 2024



A Hindi Swar/Vyanjan activity was conducted on 4 December in the pre-primary wing to help students recognize Swar and Vyanjan. In this activity, students picked a placard with a Swar or Vyanjan and matched it with the appropriate picture related to their choice, reinforcing their understanding in an engaging and interactive way.

PARENT- TEACHER MEETING

07TH DECEMBER, 2024



A Parent-Teacher Meeting (PTM) was held on 7 December 2024 at NHS, prior to the Preboard-1 and PT-2 exams. The primary objective of the PTM was to engage with parents, address their concerns, and discuss key topics related to their children's academic progress. This initiative aimed to strengthen communication between parents and teachers for better student outcomes.

A CAREER COUNSELING WORKSHOP

18TH DECEMBER, 2024



A career counseling workshop was conducted on 18 December 2024 for students of classes 9 to 12, focusing on the field of civil aviation. The session aimed to provide valuable insights into various career opportunities within the aviation industry, guiding students in making informed decisions about their future careers. Experts from the industry shared knowledge and experiences to inspire and educate the students.

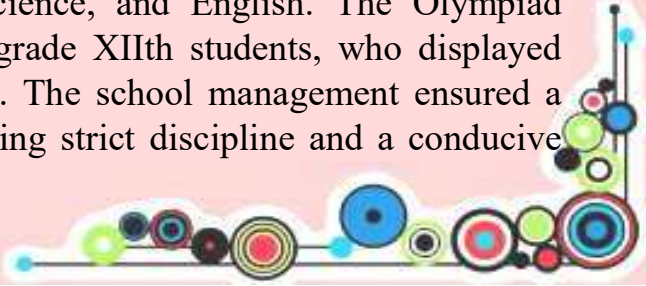


HINDUSTAN OLYMPIAD

20TH DECEMBER, 2024



The prestigious Hindustan Olympiad was successfully organized at New Heights School on 20th December 2024, bringing together a large number of enthusiastic students from various grades. The event aimed to test students' aptitude and knowledge in subjects like Mathematics, Science, and English. The Olympiad witnessed participation from grade IIIrd till grade XIIth students, who displayed remarkable enthusiasm and competitive spirit. The school management ensured a well-organized examination process, maintaining strict discipline and a conducive environment for the participants.



SPORTS FEST

INTER HOUSE SPORTS COMPETITION PRE-PRIMARY SCHOOL



The Inter-house Sports fest for Pre-Primary school at New Heights School was scheduled from December 16, 2024 till December 19, 2024, where participants showcased their skills in events such as the Red Light and Green Light game, Three-Legged Race, and Shuttle Run Race, Line Balancing Race with Ball, Hula Hoop Race, Tunnel Making, and Duck Walk Race. Highlights of the event included the Frog Jump Race, Standing Broad Jump, and the Crocodile Race on December 19.

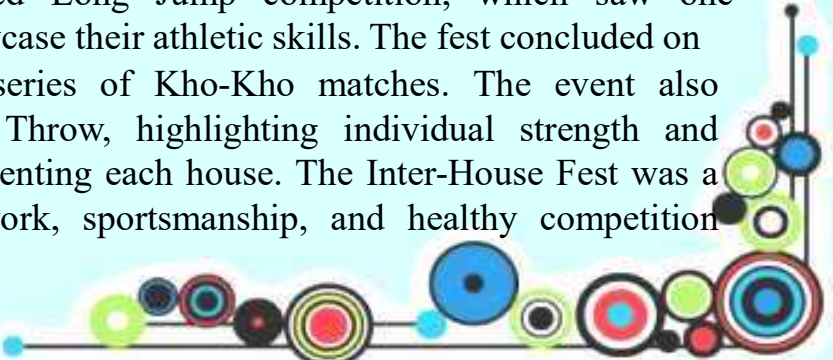


SPORTS FEST

INTER HOUSE SPORTS COMPETITION PRIMARY SCHOOL



The much-anticipated Inter-House Sports Fest 2024 commenced on 20th December 2024 for Primary School students with thrilling rounds of Kho-Kho. The event continued on 21st December 2024, featuring Kho-Kho matches alongside the highly anticipated Long Jump competition, which saw one participant from each house showcase their athletic skills. The fest concluded on 23rd December 2024 with a series of Kho-Kho matches. The event also introduced the Medicine Ball Throw, highlighting individual strength and precision, with one player representing each house. The Inter-House Fest was a grand success, ensuring teamwork, sportsmanship, and healthy competition among the participants.



SPORTS FEST

INTER HOUSE SPORTS COMPETITION JUNIOR & MIDDLE SCHOOL



The Inter-House Sports Fest was a resounding success, showcasing the athletic spirit and camaraderie of the students. The event spanned from December 18th to 21st, 2024, and featured a diverse range of sports activities like Cricket, Kho-Kho, long jump and Basketball. A touch of elegance was added with the inclusion of lawn tennis, showcasing precision and skill. Overall, the sports fest was a memorable experience for all involved. The students demonstrated dedication, sportsmanship, and a strong sense of house spirit. The event fostered a healthy competitive environment while promoting physical fitness and camaraderie.

SPORTS FEST- CLOSING CEREMONY



SPORTS FEST- CLOSING CEREMONY



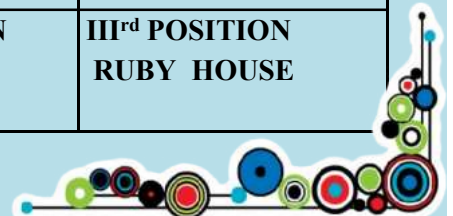
New Heights School witnessed the Closing Ceremony of Inter-House Sports Fest 2024-25 on 26th and 27th December 2024. The events outlined the fact that sports should be an integral part of the curriculum in every school. The kids displayed their athletic skills and uphold the spirit of healthy competition with enthusiasm, excitement and the sense of true sportsmanship. Over the course of ten days, students competed in a variety of track and field events. These included Red Light and Green Light game, Three-Legged Race, and Shuttle Run Race, Line Balancing Race with Ball, Hula Hoop Race, Tunnel Making, and Duck Walk Race, Skipping, Relay Race and Long jump. Team sports such as kabaddi, kho kho, and Basketball, Lawn Tennis and Cricket matches were also held. These events fostered a spirit of teamwork and camaraderie among the students. The competition was organised house-wise between four houses: Emerald House, Pearl House, Ruby House and Sapphire House. The spirit of friendly competition between the houses added an extra layer of excitement to the event. The Sports Fest concluded with a closing ceremony, where winners of the various events were awarded medals and certificates. The school also recognised and appreciated the efforts of all 4 houses and the participants



SPORTS FEST- CLOSING CEREMONY

RESULTS OF TEAM EVENTS

EVENT NAME	CETAGORY	RESULT		
KHO-KHO	PRIMARY BOYS	Ist POSITION PEARL HOUSE	IInd POSITION RUBY HOUSE	IIIrd POSITION EMERALD HOUSE
KHO-KHO	PRIMARY GIRLS	Ist POSITION PEARL HOUSE	IInd POSITION RUBY HOUSE	IIIrd POSITION EMERALD HOUSE
TUG OF WAR	PRIMARY BOYS	Ist POSITION PEARL HOUSE	IInd POSITION RUBY HOUSE	IIIrd POSITION EMERALD HOUSE
TUG OF WAR	PRIMARY GIRLS	Ist POSITION EMERALD HOUSE	IInd POSITION SAPPHIRE HOUSE	IIIrd POSITION PEARL HOUSE
CRICKET	JUNIOR BOYS	Ist POSITION SAPPHIRE HOUSE	IInd POSITION PEARL HOUSE	IIIrd POSITION RUBY HOUSE
KHO-KHO	JUNIOR GIRLS	Ist POSITION SAPPHIRE HOUSE	IInd POSITION EMERALD HOUSE	IIIrd POSITION PEARL HOUSE
CRICKET	MIDDLE BOYS	Ist POSITION RUBY HOUSE	IInd POSITION EMERALD HOUSE	IIIrd POSITION PEARL HOUSE
BASKETBALL	MIDDLE GIRLS	Ist POSITION RUBY HOUSE	IInd POSITION PEARL HOUSE	IIIrd POSITION SAPPHIRE HOUSE
LAWN TENNIS	MIDDLE BOYS AND GIRLS	Ist POSITION RUBY HOUSE	IInd POSITION EMERALD HOUSE	IIIrd POSITION PEARL HOUSE
TUG OF WAR	MIDDLE BOYS	Ist POSITION EMERALD HOUSE	IInd POSITION RUBY HOUSE	IIIrd POSITION PEARL HOUSE
TUG OF WAR	MIDDLE GIRLS	Ist POSITION RUBY HOUSE	IInd POSITION PEARL HOUSE	IIIrd POSITION SAPPHIRE HOUSE
TUG OF WAR	JUNIOR BOYS	Ist POSITION RUBY HOUSE	IInd POSITION EMERALD HOUSE	IIIrd POSITION PEARL HOUSE
TUG OF WAR	JUNIOR GIRLS	Ist POSITION SAPPHIRE HOUSE	IInd POSITION EMERALD HOUSE	IIIrd POSITION RUBY HOUSE



INTER- SCHOOL ART COMPETITION

25TH DECEMBER, 2024



December added another highlight to NHS's achievements as our talented students showcased remarkable skills in the Inter-School Art Competition held on 25th December 2024. Their creativity and hard work were recognized, earning them accolades and reflecting the artistic talent nurtured at NHS. With participation from eight CBSE schools, New Heightians displayed exceptional creativity and artistic flair, securing multiple accolades and bringing pride to our school.

Winners from New Heights:

Shourya Pratap Vijay – Grade VIII – 1st Position (Poster Making Technology)

Ayush Pratap Vijay – Grade IV – 1st Position (Clay Modelling)

Husanpreet Kaur – Grade VI – 2nd Position (Poster Making)

Gauri Pal – Grade II – 2nd Position (Drawing and Colouring)

Anaya Gupta – Grade III – 3rd Position (Drawing and Colouring)

Yasmin Mohd. Yasin – Grade V – 3rd Position (Best Out of Waste)

Dev Omar – Grade VI – 3rd Position (Best Out of Waste)

CHRISTMAS ACTIVITIES



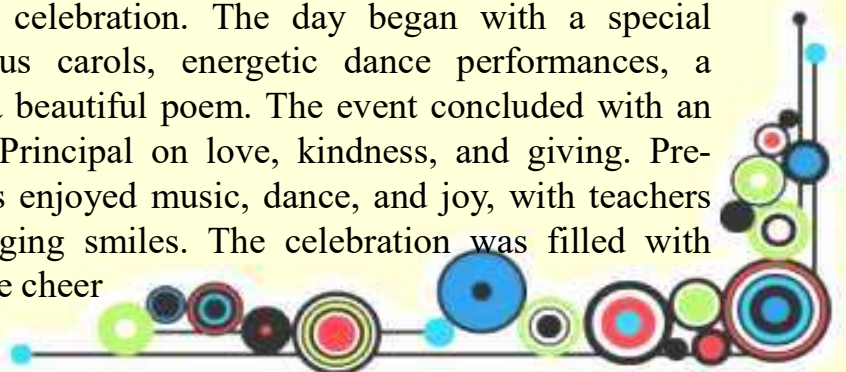
Various activities were conducted in the pre-primary wing to celebrate Christmas at NHS. Students enjoyed making Christmas trees, snowmen, and Santa Claus faces, all while engaging in creative, hands-on crafts. These fun and festive activities helped the children embrace the Christmas spirit, encouraging imagination, creativity and teamwork while celebrating the holiday season with joy and excitement.



CHRISTMAS CELEBRATION SPECIAL ASSEMBLY 24TH DECEMBER, 2024



The Christmas spirit came alive at New Heights School on 24th December 2024, with a heartwarming celebration. The day began with a special assembly featuring melodious carols, energetic dance performances, a thought-provoking skit, and a beautiful poem. The event concluded with an inspiring message from the Principal on love, kindness, and giving. Pre-primary and Primary students enjoyed music, dance, and joy, with teachers dressed as Santa Claus bringing smiles. The celebration was filled with warmth, happiness, and festive cheer



PARENT- TEACHER MEETING

28TH DECEMBER, 2024



A Parent-Teacher Meeting (PTM) was conducted after the Preboard and PT-2 exams to discuss students' academic performance. Teachers provided feedback on individual progress, highlighting strengths and areas for improvement. Strategies for enhancing performance, including extra support and focused attention on weaker subjects, were discussed with parents to ensure better results in future exams..

CREATIVE CORNER: DECEMBER



The Creative Corner in December featured festive craft work centered around Christmas. Students were engaged in various activities such as making Christmas trees, snowmen, and Santa Claus faces, showcasing their creativity. These hands-on crafts not only enhanced their artistic skills but also filled the space with holiday cheer, fostering a joyful and festive atmosphere.

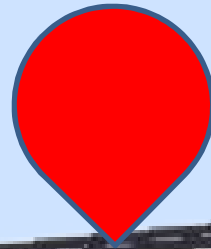


NEW
HEIGHTS
SCHOOL

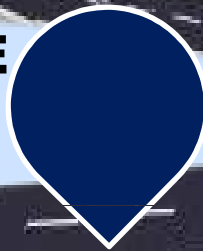
HOUSE POINTS UPDATE

OVERALL POSITION-DECEMBER 2024

RUBY HOUSE
POINTS: 444



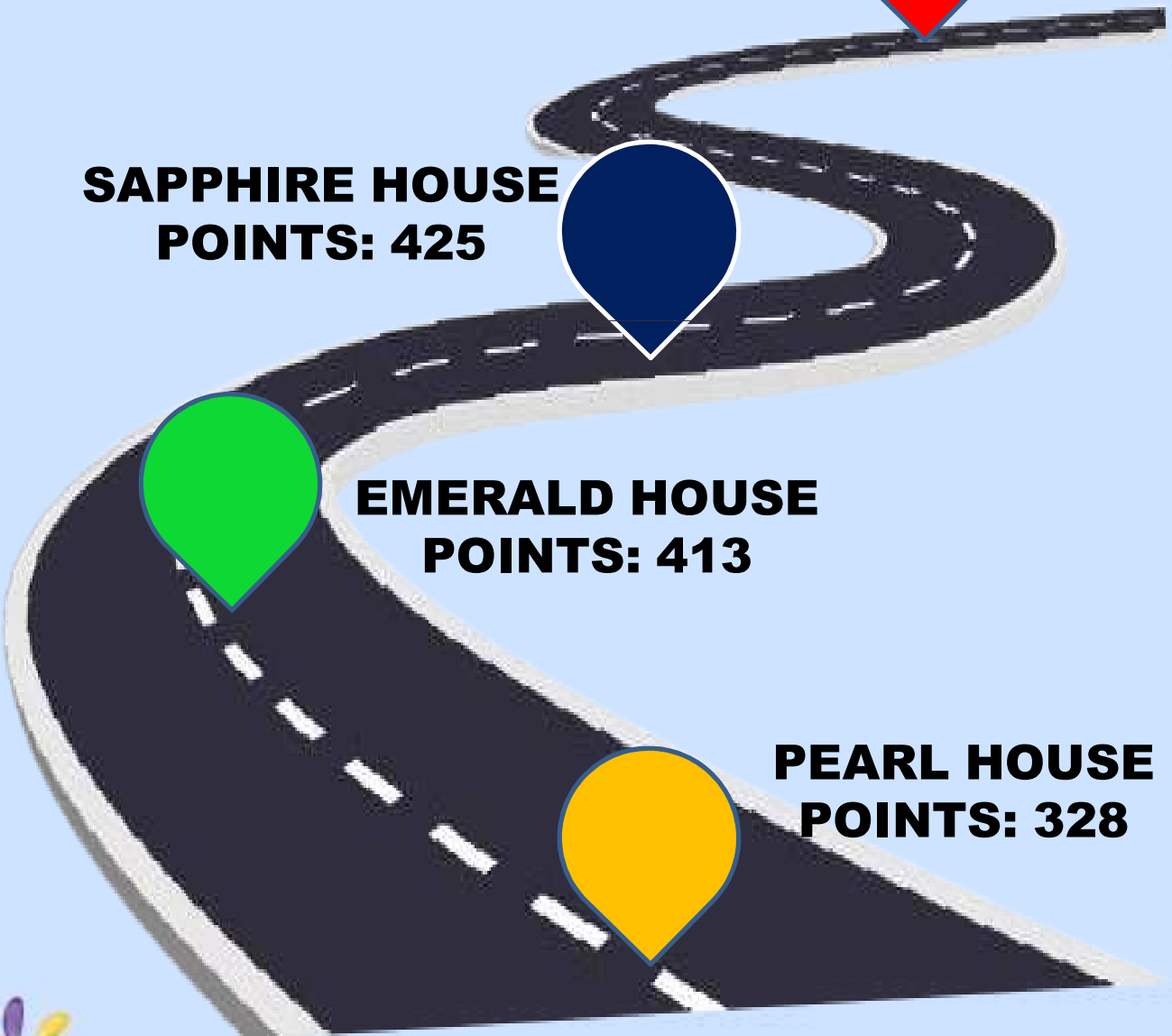
SAPPHIRE HOUSE
POINTS: 425



EMERALD HOUSE
POINTS: 413



PEARL HOUSE
POINTS: 328



DESK OF JOURNALISM

MAINTAINING MENTAL HEALTH

Juggling coursework, exams and extracurricular activities can easily lead to burnout, making the ability to nurture and maintain mental health an essential skill. Incorporating regular breaks, healthy eating habits and physical activity into daily routines can help alleviate stress. Deep breathing exercises calm the mind, enhance productivity and provide immediate relief during moments of stress. Poor sleep and excessive screen time disrupt focus and increase stress. High screen time, particularly late-night device use can interfere with sleep and contribute to anxiety, so it's important to set boundaries. Lack of sleep causes fatigue, poor concentration and increased anxiety, hindering academic performance. A consistent 7-8 hour sleep routine improves mood regulation and boosts memory retention, enhancing overall cognitive function. Ultimately, Maintaining mental strength requires resilience and seeking support when needed.

Mstr. Arjit Mishra
(Secretary #NHS_Lens)





WORK DONE BY #NHS_LENS

SUBSCRIBED



LIKE SUBSCRIBE & SHARE



JULY,2024:

https://youtu.be/2F7t8Zha_04?si=33ZmRqN1ZSq2b_Kp

AUGUST,2024:

<https://youtu.be/sel69QiSYK4?si=u07JAZz5r4nWeTxZ>

SEPTEMBER, 2024:

https://youtu.be/8ueLsqkGeDE?si=_JsQwcVxnKxbLhKC

OCTOBER, 2024:

https://youtu.be/_qLGahdNgQQ

NOVEMBER, 2024:

<https://youtu.be/D6s1HhY9Nt8>

 **YouTube** <https://youtube.com/@newheightsschool9476?si=byRxCSbS61-HoOrh>



Website: www.newheightsschool.co.in



<https://www.facebook.com/newheightsschoolhardoi>



https://www.instagram.com/new_heights_school_hardoi?igsh=YjBjcDV3MjQ4Mzg3



Editorial and Designing Team



Mstr. Sushant Vajpae
President #NHS_Lens



Mstr. Parakhar Singh
Vice -President #NHS_Lens



Mstr. Arjit Mishra
Secretary #NHS_Lens



Mstr. Aryaman Shrivastava
Chief Editor



Ms. Sambodhi



Ms. Ashmi Yadav



Ms. Tanu Pandey

***“Education is the passport to the future, for tomorrow
belongs to those who prepare for it today.”
– Malcolm X***

Teacher Incharge:

Ms. Farha Khatoon

Mr. Umesh Biswakarma

NEW HEIGHTS SCHOOL

PH.: 9919556647, 7007744312

WWW.NEWHEIGHTSSCHOOL.CO.IN

Facebook: <https://www.facebook.com/newheightsschoolhardoi>